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# 18-Methoxycoronaridine blocks context-induced reinstatement following cocaine self-administration in rats

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#### ABSTRACT

Numerous studies utilizing drug self-administration have shown the importance of conditioned cues in maintaining and reinstating addictive behaviors. However, most used simple cues that fail to replicate the complexity of cues present in human craving and addiction. We have recently shown that music can induce behavioral and neurochemical changes in rats following classical conditioning with psychostimulants. However, such effects have yet to be characterized utilizing operant self-administration procedures, particularly with regard to craving and relapse. The goal of the present study was to validate the effectiveness of music as a contextual conditioned stimulus using cocaine in an operant reinstatement model of relapse. Rats were trained to lever press for cocaine with a musical cue, and were subsequently tested during reinstatement sessions to determine how musical conditioning affected drug seeking behavior. Additionally, in vivo microdialysis was used to determine basolateral amygdala involvement during reinstatement. Lastly, tests were conducted to determine whether the putative anti-addictive agent 18-methoxycoronaridine (18-MC) could attenuate cue-induced drug seeking behavior. Our results show that music-conditioned animals exhibited increased drug seeking behaviors when compared to controls during reinstatement test sessions. Furthermore, music-conditioned subjects exhibited increased extracellular dopamine in the basolateral amygdala during reinstatement sessions. Perhaps most importantly, 18-MC blocked musical cue-induced reinstatement. Thus, music can be a powerful contextual conditioned cue in rats, capable of inducing changes in both brain neurochemistry and drug seeking behavior during abstinence. The fact that 18-MC blocked cue-induced reinstatement suggests that  $\alpha 3\beta 4$  nicotinic receptors may be involved in the mechanism of craving, and that 18-MC may help prevent relapse to drug addiction in humans.

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# 1. Introduction

Relapse to drug usage following abstinence is a significant obstacle in the treatment of drug abuse and addiction (Koob, 2000; See, 2002). A distinctive characteristic of craving and drug seeking is that it can be induced and maintained by conditioned stimuli (CS), even following extended periods of abstinence. Exposure to CS previously paired with drug reward has revealed that these cues are able to elicit craving and cause drug seeking behavior in both human and animal models of relapse (Childress et al., 1999; Di Ciano and Everitt, 2003; Fuchs et al., 2008; O'Brien et al., 1998). These drug-paired cues acquire increased salience through repeated association with the rewarding effects of a drug, producing conditioned reinforcement that is not easily diminished (Lee et al., 2006; Weiss et al., 2001). Therefore, it is clearly

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important to elucidate the behavioral and biochemical mechanisms through which drug-associated stimuli exert their effects.

The animal reinstatement model of relapse has become a popular assay to investigate the impact that cues have on drug seeking behavior (Shaham et al., 2003). It is a powerful model to study drug craving, and the results of these studies conclusively show that discriminative, discrete, and contextual cues all have the ability to reinstate drug-seeking behavior (Atkins et al., 2008; Bossert et al., 2005; Crombag et al., 2008; Crombag and Shaham, 2002; Fuchs et al., 2007; Gabriele and See, 2010). However, the vast majority of these studies have used either simple discriminative or discrete cues (e.g., tone or light), or contextual cues (e.g., color, floor texture, bedding) that fail to replicate the complexity of environmental triggers that are likely to be present during human drug experiences.

Recent investigations show that music can serve as an effective contextual CS in rats. For instance, music has been shown to enhance MDMA-conditioned reward in rats (Feduccia and Duvauchelle, 2008); this study revealed increases in both locomotor activity and extracellular dopamine in the nucleus accumbens (NAc) after music was paired with MDMA during operant self-administration. Another recent investigation

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established that rats have the ability to differentiate music composed by Bach vs. Stravinsky, and even transfer this ability to novel musical selections by the same composers (Otsuka et al., 2009). Furthermore, recent clinical studies have indicated that music can be used as an effective treatment for a variety of disorders. Music therapy has shown promise as an efficacious treatment for sleep disorders, anxiety, chronic stress, pain, psychosis, autism, depression, post-traumatic stress disorder, respiratory disease, and importantly, as an adjunct therapy for addiction (Bauldoff, 2009; Bradt and Dileo, 2009; de Niet et al., 2009; Gold et al., 2009; Jung and Newton, 2009; Nilsson, 2008; Rossignol, 2009). Considering the enormous potential that music therapy offers, there is an increasing need to develop preclinical models that utilize music as a significant variable. With this aim in mind, our laboratory has recently shown that after repeated pairings between music and methamphetamine, music alone can produce significant increases in locomotor activity and extracellular dopamine release in both the basolateral amygdala (BLA) and NAc in rats (Polston et al., 2011). In a subsequent study we showed that rats demonstrate preferences between musical selections by Miles Davis and Beethoven, and that these preferences can be altered after cocaine-paired conditioning (Polston and Glick, 2011). Taken together, these reports indicate that music can serve as an effective contextual CS in rats. However, at this time, music has yet to be used as a contextual CS in an animal reinstatement model of relapse.

One neural site shown to be crucial for cue-induced drug seeking is the BLA. The BLA is a key limbic-related region within the brain that projects heavily to the NAc, another region consistently implicated in addiction. Inactivation of the BLA through lesion or drug blockade results in attenuation of cue-induced drug seeking behaviors (Feltenstein and See, 2007; Fuchs and See, 2002). Additionally, significant increases in dopaminergic neurotransmission have been detected in the BLA after cueinduced classical conditioning procedures (Hori et al., 1993; Polston et al., 2011). Cocaine-associated cues have also been shown to elicit drug seeking behavior and activate the BLA after four months of abstinence, illustrating the efficacy of drug-conditioned cues even after extended periods of drug deprivation (Ciccocioppo et al., 2001). Adaptations of the cortico-limbic-striatal circuitry that take place during subjective human drug experiences may influence associative learning mediated by the BLA, the brain area thought to be ultimately responsible for cueinduced reinstatement of drug-seeking behavior (McLaughlin and Floresco, 2007).

18-Methoxycoronaridine (18-MC) is an  $\alpha 3\beta 4$  nicotinic antagonist that has been proposed as a treatment for addiction to a number of substances. It has been shown to reduce nicotine, cocaine, morphine, methamphetamine, and ethanol self-administration (Glick et al., 1996, 2000a; Maisonneuve and Glick, 1999; Rezvani et al., 1997) in rats. It has also been shown to block acquisition of a cocaine conditioned place preference (McCallum and Glick, 2009). 18-MC's primary mechanism of action appears to be through selective blockade of  $\alpha 3\beta 4$  nicotinic receptors (Glick et al., 2002; Pace et al., 2004). The mechanism of action of nearly every abused drug appears to involve the dopaminergic mesolimbic system; although 18-MC affects the mesolimbic dopamine (DA) system, it does so in an indirect way via other pathways (Maisonneuve and Glick, 2003). In the brain,  $\alpha 3\beta 4$  nicotinic receptors are preferentially localized in the medial habenula and interpeduncular nucleus, while lower densities of these receptors reside in the ventral tegmental area (Klink et al., 2001; Quick et al., 1999) and other brain regions such as the dorsolateral tegmentum and basolateral amygdala (Perry et al., 2002; Zhu et al., 2005). Our working hypothesis is that 18-MC decreases drug self-administration by indirectly modulating the dopaminergic mesolimbic pathway via blockade of  $\alpha$ 3 $\beta$ 4 nicotinic receptors in the habenulo-interpeduncular pathway and the basolateral amygdala.

The present study had three objectives: (1) validate the effectiveness of music as a contextual conditioned stimulus in an operant reinstatement model of relapse; (2) determine, using *in vivo* microdialysis, if dopaminergic changes occurred during music-induced reinstatement of drug seeking; and (3) assess the efficacy of 18-MC to abate cueinduced drug seeking behaviors. All studies were conducted using a model of self-administration, extinction and reinstatement in which rats made lever presses for cocaine in the presence or absence of a musical cue (Table 1). The results of the present study provide novel insight into the mechanisms underlying contextual cues and associated drug-seeking behavior, and also demonstrate the effectiveness of 18-MC as a potential treatment for relapse, even in the presence of complex contextual cues.

# 2. Materials and methods

#### 2.1. Animals

Naïve female Sprague–Dawley rats (Taconic Germantown, NY), weighing approximately 250 g at the start of the experiments, were housed individually in a temperature and humidity controlled colony room under a standard 12:12 light/dark cycle. Food and water were provided ad libitum. Protocols were designed and implemented in accordance with the "Guide for the Care and Use of Laboratory Animals" (1996) and were approved by the Institutional Animal Care and Use Committee of Albany Medical College. Rats were given one week of acclimation prior to experimental procedures.

## 2.2. Drugs

Cocaine hydrochloride (~0.4 mg/kg/infusion, Sigma–Aldrich, St. Louis, MO) was dissolved in 0.9% sodium chloride with a 2 mg/ml drug to saline ratio, and then brought to a neutral physiological pH before use in intravenous (i.v.) self-administration sessions. 18-MC (40 mg/kg, Obiter Research LLC. Champaign, IL) and saline were both administered intraperitoneally (i.p.). Animals were anesthetized with sodium pentobarbital (50 mg/kg, i.p.) for both intrajugular and microdialysis cannulation surgeries. Sodium methohexital (10 mg/kg) was used to verify catheter patency. All other reagents used in conjunction with microdialysis experiments were obtained from local suppliers and were of analytical grade.

#### 2.3. Music

Miles Davis' "Four" (Prestige *Blue Haze*, 1954) was the musical track used as a contextual cue in these experiments. The Miles Davis selection was chosen because it had been used successfully in past conditioning paradigms in our laboratory (Polston et al., 2011). This musical selection was originally chosen because it has a repetitive

Table 1

Musical conditioning assignments during cocaine training, self-administration, extinction, and reinstatement test sessions.

Experiment	Group	Training	Self-administration	Extinction	Reinstatement
One	Music	Music	Music	No music	Music
	NMCond	No music	No music	No music	Music
	NMTest	Music	Music	No music	No music
Two	Microdialysis	Music	Music	No music	Music
Three	18-MC	Music	Music	No music	Music
	Saline	Music	Music	No music	Music



**Fig. 1.** Effects of music conditioning on active lever responding during daily cocaine self-administration sessions, extinction, and the reinstatement test session. Data depicted as mean cocaine infusions ( $\pm$ SEM) during self-administration trials, and theoretical infusions earned during extinction sessions. Active lever presses ( $\pm$ SEM) during the reinstatement test session are plotted accordingly with the right x-axis. Animals were on an FR1 schedule of reinforcement on days 1–12, and changed to an FR3 schedule for the remainder of the experiment. Animals in the Music condition made significantly more responses on the drug-paired lever on the reinstatement test day (Test) than animals in the NMCond and NMTest groups. Additionally, significant differences were observed on the first day of extinction (Ext 1), where animals that had not been conditioned with music during self-administration (NMCond) made significantly more responses than animals that had been trained with music. \* p<0.05, \*\*\* p<0.001.

beat and melody, helping to make it easily recognizable and identifiable. During drug training, self-administration, and applicable test sessions, "Four" was played on a continuous loop, at a volume staying between 65 and 75 decibels. This decibel range was chosen because it had been used successfully in past investigations involving rats and music (Feduccia and Duvauchelle, 2008; Otsuka et al., 2009; Polston et al., 2011).

# 2.4. Apparatus

Experiments were conducted in rat operant conditioning chambers (ENV-009, Med Associates, St. Albans, VT) located within sound attenuated boxes outfitted with acoustical foam. The operant boxes were continuously ventilated with a house fan, and equipped with two retractable levers spaced approximately 20 cm apart on the front wall, with a house light mounted on the back wall of the test chamber. Infusion pumps (PHM-100VS, Med Associates, St. Albans, VT) located beneath the operant test chamber were used in combination with polyethylene tubing and Instech (375/22PS) swivels for i.v. drug delivery. Stereo speakers (Orb Audio, New York, NY) were mounted from the ceiling and suspended above the middle of the operant boxes. These speakers were interfaced with a stereo receiver (Sony Inc., Tokyo, Japan) that controlled the musical acoustics in the operant test chambers. Additionally, infrared digital video cameras (Clover Inc., Cerritos, CA) were mounted from the ceiling of the operant boxes, allowing an unobstructed view of the test chamber floor. These cameras were used in conjunction with Any-Maze<sup>™</sup> video tracking software (Stoelting Inc., Wood Dale, IL) to analyze locomotor activity and the time spent in predefined spatial areas within the apparatus. By operationally defining the floor (30.5 cm×31.8 cm) of the test chamber, and dividing it into three spatial zones, the program automatically generated detailed readings of the time spent in each zone in seconds and the distance that the animal traveled in meters. We defined the "active zone" (15.25 cm  $\times$  15.9 cm) of the apparatus as the area containing the active drug-paired lever and the surrounding spatial area. The "inactive zone" (15.25 cm  $\times$  15.9 cm) contained the inactive lever and surrounding spatial area, and the "back zone" (15.25 cm  $\times$  31.8 cm) consisted of the back half of the test chamber. By operationally dividing the test chamber in this way, our system provided an automated way to determine spatial preferences within the apparatus. Videos were also periodically recorded and analyzed to ensure that Anymaze was functioning correctly.

#### 2.5. Self-administration procedure

During initial shaping of the lever press response, a modular pellet dispenser (ENV-203M, Med Associates, St. Albans, VT) and receptacle were added to the operant test chamber, allowing delivery of a 45 mg sucrose chocolate flavored pellet (Bio-Serv, Frenchtown, NJ). Food-deprived rats were trained to lever press for sucrose pellets during an overnight 16 h session under a fixed-ratio 1 (FR1) schedule of reinforcement. Both retractable levers were present during training, but only one (active lever) was associated with reward delivery. Responses on the other lever (inactive lever) were recorded but did not have any programmed consequences. Active lever responses resulted in immediate delivery of a food pellet, followed by retraction of both levers for a 20 s timeout period. Following the timeout, the house light would flash for 0.5 s, and the levers would re-emerge from the front wall of the apparatus. Rats were considered "trained" if they successfully completed 200 active lever presses during the 16 h session.

## 2.5.1. Experiment 1

Once the rats had successfully learned to lever press for food, they were randomly assigned to one of three treatment groups: Music, NMCond, or NMTest (refer to Table 1 for a detailed account of all musical treatments). Rats were subsequently anesthetized with sodium



**Fig. 2.** Effects of music conditioning on locomotor activity and spatial preferences within the apparatus. a) Locomotor activity depicted as distance traveled in meters ( $\pm$ SEM) during the final day of self-administration, the final day of extinction, and the reinstatement test session. No significant differences were observed in locomotor activity at any of these time points. b) Time spent in the active zone in seconds ( $\pm$ SEM) during the final day of self-administration, the final day of extinction, and the reinstatement test session. Animals in the Music condition spent significantly more time in the spatial area surrounding the active drug-paired lever (active zone) during the reinstatement test session than animals in the NMCond and NMTest groups. \*\*\* p<0.001.

entobarbital (50 mg/kg) and catheters were implanted in the external jugular vein according to procedures described by Weeks (1972). Rats were given a minimum of three days recovery time before drug selfadministration sessions commenced. Self-administration testing began with a 16 h nocturnal session. Each rat's catheter was flushed with 0.05 ml of saline and immediately placed in the operant box, where the animal was tethered to the drug infusion tubing. If applicable (Table 1), the music was then started along with the behavioral tracking system, and the levers in the operant box were deployed, initiating the beginning of the cocaine self-administration session. An active lever-response (FR1) produced a 50 µl infusion of cocaine over the course of one second, followed by retraction of both levers for a 20 s timeout period. Following the timeout, the house light would flash for 0.5 s, and the levers would re-emerge from the front wall of the apparatus. Since all rats generally weighed  $250 \pm 20$  g, each response delivered approximately 0.4 mg/kg of cocaine during the infusion. Responses on the inactive lever resulted in no programmed consequences but were recorded. Assignment of the active lever within the operant chamber was counterbalanced among subjects. At the end of the session, rats were removed from the operant box, their catheters were flushed with heparinized saline, and they were returned to the colony room. Animals had to make a minimum of

#### Table 2

Average basal levels of extracellular DA, DOPAC, and HVA in rats during the reinstatement test session. Mean + SEM expressed as  $pm/10 \ \mu$ l.

Regions	Neurotransmitter	Treatment	N =	$Mean \pm SEM$
BLA	Dopamine DOPAC HVA	Music Music Music	5 5 5	$\begin{array}{c} 0.023 \pm 0.00112 \\ 4.962 \pm 0.12372 \\ 4.773 \pm 0.08988 \end{array}$

100 active cocaine responses during the overnight training session in order to move into daily self-administration sessions.

Daily self-administration sessions followed the same protocol outlined above for the 16 h nocturnal sessions; that is, rats were transported to the operant boxes and allowed to self-administer cocaine, either in the presence or absence of the contextual music cue. The Music treatment group was exposed to the musical cue during cocaine conditioning sessions, and reintroduced to the music during the reinstatement test. The NMCond control group was not exposed to the music during conditioning, but did receive the musical cue during the reinstatement test. The NMTest control group received music during daily cocaine sessions, but did not receive music during the reinstatement test. The duration of each of the 15 daily sessions was 90 min. A FR1 schedule of reinforcement was used on days 1–12, at which time rats were subsequently moved to a FR3 schedule of reinforcement for the final three cocaine-self administration sessions and all subsequent extinction and reinstatement sessions. Following the final self-administration session, catheter patency was checked by infusing a small dose (10 mg/kg) of sodium methohexital, which would immediately render the rat ataxic if the cannula was functioning properly. Only rats whose catheters were patent on day 15 were allowed to continue to the extinction and reinstatement parts of the experiment.

Following self-administration training, rats began daily 90 min extinction sessions for five consecutive days (days 16–20). During these sessions, no music was present for any of the three treatment groups, and responses on either the previously drug paired lever or the inactive lever resulted in no drug infusions. Additionally, animals underwent 24 days of abstinence, with housing in the colony room, prior to reinstatement testing. Following this period of extinction and abstinence, both treatment (Music) and control animals (NMCond, NMTest) were tested (day 45) to determine what effect the music-drug conditioning would



**Fig. 3.** Effects of the conditioned musical cue on dopamine release within the basolateral amygdala. a) Time course of extracellular dopamine (mean  $\pm$  SEM) during microdialysis testing on the reinstatement test day as a percentage of baseline. Musical cue presentation was initiated at the 120 min time point and terminated at the 210 min time point (indicated by arrows). There was a significant efflux of dopamine following onset of the musical cue at both the 140 and 160 min time points compared to baseline samples. Graph in the upper right corner depicts the active lever responses by this microdialysis group during the reinstatement test session. b) Representative probe placements for the basolateral amygdala. Shown at AP: -2.2 in Paxinos and Watson (1986). \*\* p<0.01.

have on drug seeking behaviors. During extinction and reinstatement test sessions, the house lights, levers, and 20 s timeout period remained consistent with the conditions during daily self-administration sessions. This model of self-administration, extinction, abstinence, and reinstatement testing followed a previously established rat protocol of reinstatement (Kelamangalath and Wagner, 2009).

# 2.5.2. Experiment 2

Animals in this experiment underwent the exact same treatment conditions as the animals in the Music group in Experiment 1; that is, their cocaine training, extinction/abstinence, and reinstatement music conditions were identical (Table 1). However, at the time of the intrajugular catheterization surgery, these animals underwent an additional stereotaxic surgery for implantation of microdialysis guide cannulae. This surgery was conducted in accordance with a previously established protocol (Maisonneuve and Glick, 1999). Each rat had two microdialysis guide cannulae (CMA/Microdialysis AB, Stockholm, Sweden) implanted into the basolateral amygdala (BLA). Coordinates were determined according to Paxinos and Watson (1986) such that, when inserted, the dialysis probe was located in the BLA (in mm, AP = -2.2; ML =  $\pm 4.6$ ; DV = -5.0, 0° lateral angle insertion). On the afternoon prior to assessment (day 44), microdialysis probes were calibrated for DA, DOPAC, and HVA to ensure recovery higher than 15% (Glick et al., 1994). Probes were discarded if they did not meet the 15% criteria. The subjects were transiently anesthetized with 25 mg/kg of Pentothal (Hospira, INC., Lake Forest, IL), and then placed into our operant chambers, where microdialysis probes were inserted and connected via a custom harness and tubing to both the self-administration tether and microdialysis tubing. The subjects were monitored until the effects of anesthesia had subsided, and were provided with *ad libitum* food and water throughout the night.

On the day of microdialysis reinstatement testing (day 45), samples were collected in tubes containing 2  $\mu$ l of 1.1 N perchloric acid solution

(containing 50 mg/l Na2EDTA and 50 mg/l sodium metabisulfite). The probe was continuously perfused at a flow rate of 1 µl/min with artificial cerebrospinal fluid (146 mM NaCl, 2.7 mM KCL, 1.2 mM CaCl2, 1.0 mM MgCl2). A test sample was collected for 20 min from each probe for each experimental subject. Six, 20 min baseline samples were obtained during the first 2 h of sample collection. Immediately following baseline sample collection, the reinstatement test session commenced, and the conditioned music cue was presented; four 20 min samples were collected during behavioral testing. The cue was removed (music turned off) at the end of the 90 min session, and an additional five 20 min samples were collected. The dialysate samples were transferred from collection to analysis vials for DA, DOPAC, and HVA analysis by high performance liquid chromatography with electrochemical detection (HPLC-EC). Immediately following the microdialysis reinstatement experiment, subjects were sacrificed; their brains were removed and preserved for histological confirmation of guide cannulae placements. The BLA was chosen for study because it had been previously shown to respond to musical cues after drug conditioning, and had previously never shown a response after music/saline conditioning (Polston et al., 2011).

## 2.5.3. Experiment 3

Animals in this experiment underwent the exact same treatment conditions as the animals in the music group in Experiment 1; that is, their cocaine training, extinction/abstinence, and reinstatement music conditions were identical (Table 1). However, these animals received i.p. injections of either 18-MC (40 mg/kg) or saline 20 min prior to the reinstatement test session.

#### 2.6. Histology

Brains were frozen at -80 °C until histology was performed utilizing a cryostat (Microm HM500M, Walldorf, Germany). Probe placements were mapped directly from the cryostat sections, and data



**Fig. 4.** Effects of 18-MC on musical cue-induced reinstatement. Data depicted as mean cocaine infusions ( $\pm$ SEM) during self-administration trials, and theoretical infusions earned during extinction sessions. Active lever presses ( $\pm$ SEM) during the reinstatement test session are plotted accordingly with the right x-axis. Animals were on an FR1 schedule of reinforcement on days 1–12, and changed to an FR3 schedule for the remainder of the experiment. Administration of 18-MC (40 mg/kg) prior to the reinstatement test session (Test) significantly attenuated active lever responses for the musical cue. \*\*\* p<0.001.

were excluded from analysis if the probe was not located within region-specific boundaries for the BLA (refer to Fig. 3b).

#### 2.7. HPLC

The dialysate samples were analyzed utilizing a high performance liquid chromatography system with electrochemical detection (HPLC-EC). The system consisted of an ESA 540 autosampler (ESA, North Chelmsford, MA), an ESA solvent delivery unit, an ESA column (MD-150/RP-C18; diameter =  $3.0 \mu m$ ), and an ESA Coulochem II

electrochemical detector with an ESA 5020 guard cell and an ESA 5014B analytical cell. The potential of the glass carbon working electrode was set at 300 mV with respect to the reference electrode. The MD-TM mobile phase (ESA, North Chelmsford, MA), composed of 75 mM sodium dihydrogen phosphate monohydrate, 1.7 mM 1-octanesulfonic acid sodium salt, 100  $\mu$ l/l triethylamine, 25  $\mu$ M EDTA in 10% acetonitrile (pH=3.0), was pumped at a flow rate of 0.530 ml/min. The electrochemical data were processed with Agilent Technologies Chem Station Plus software (Agilent Technologies, Wilmington, DE). The software produced chromatographs, visual



**Fig. 5.** Effects of 18-MC on locomotor activity and spatial preferences within the apparatus. a) Locomotor activity depicted as distance traveled in meters ( $\pm$ SEM) during the final day of self-administration, the final day of extinction, and the reinstatement test session. Administration of 18-MC (40 mg/kg) prior to the reinstatement test session had no significant impact on locomotor activity. b) Time spent in the active zone in seconds ( $\pm$ SEM) during the final day of self-administration, the final day of extinction, and the reinstatement test session. Administration of 18-MC (40 mg/kg) prior to the reinstatement test session. Administration of 18-MC (40 mg/kg) prior to the reinstatement test session. Administration of 18-MC (40 mg/kg) prior to the reinstatement test session. Administration of 18-MC (40 mg/kg) prior to the reinstatement test session. Administration of 18-MC (40 mg/kg) prior to the reinstatement test session. Administration of 18-MC (40 mg/kg) prior to the reinstatement test session. Administration of 18-MC (40 mg/kg) prior to the reinstatement test session. Administration of 18-MC (40 mg/kg) prior to the reinstatement test session significantly attenuated the amount of time that the animals spent in the spatial area surrounding the drug-paired lever (active zone) \*\* p < 0.01.

depictions of DA, DOPAC, and HVA concentrations (in pmol) plotted on the y-axis against the temporal representation (in min) for ion affinity plotted along the x-axis.

#### 2.8. Data analysis

All data are presented as mean  $\pm$  SEM. For Experiment 1, active and inactive lever presses were analyzed using a factorial Analysis of Variance (ANOVA) with Condition (Music, NMCond, or NMTest) and Trial as the independent variables. Locomotor activity data and the amount of time spent in the active, inactive, and back zones were analyzed at three time points (final day of self-administration, final day of extinction, and reinstatement test day) using one-way ANOVAs with Condition as the independent variable. All significant results were further examined by Newman–Keuls post-hoc tests.

For analysis of the microdialysis data in Experiment 2, basal levels of DA and its metabolites were expressed as pm/10 µl and were analyzed using a repeated measures ANOVA with Time as the repeated measures variable. As no significant differences were observed in the basal levels, DA and its metabolites were expressed as a percentage of the corresponding baseline means, and the percent baseline values were then used in subsequent analyses. A repeated measures ANOVA was used to evaluate differences between basal and treatment samples with Time (20 min samples, 15 total) as the repeated measure. Significant results were further examined by Newman–Keuls post-hoc testing. To determine if animals receiving microdialysis differed in behavior prior to the reinstatement test, a factorial ANOVA was conducted on active and inactive lever presses comparing the microdialysis animals with all other groups that received the same conditioning during training, self-administration, and extinction.

In Experiment 3, active and inactive lever presses were analyzed using a factorial ANOVA with Treatment (18-MC or NaCl) and Trial as the independent variables. Locomotor activity data and the amount of time spent in the active, inactive and back zones were analyzed at three time points (final day of self-administration, final day of extinction, and reinstatement test day) using a one-way ANOVA with Treatment as the independent variable. All significant results were further examined by Newman–Keuls post-hoc tests.

#### 3. Results

#### 3.1. Experiment 1 - music-induced reinstatement

Fig. 1 depicts the average responses made for cocaine reinforcement during self-administration trials, extinction sessions, and the reinstatement test day. The factorial ANOVA revealed a significant effect of Trial  $(F_{(20,336)} = 55.052, p < 0.001)$  and a significant Condition × Trial interaction  $(F_{(40,336)} = 1.643, p < 0.01)$  but not an effect of Condition alone  $(F_{(2,336)} = 1.369, p = 0.256)$ . Post-hoc analysis revealed that a significant difference was observed on the first day of extinction (Ext 1), where animals that had not been conditioned with music during self-administration (NMCond) made significantly more responses than animals that had been trained with music (p < 0.05). Furthermore, animals in the Music condition made significantly more responses on the active lever on the reinstatement test day (Test) compared to animals in the NMCond (p < 0.001) and NMTest (p < 0.001) groups. There were, however, no significant differences between NMCond and NMTest groups (p = 0.98) during the reinstatement test.

Locomotor activity data are shown in Fig. 2a. The ANOVA showed that there was no effect of Condition at any of the days tested (final day of self-administration:  $F_{(2,16)} = 0.027$ , p = 0.974; final day of extinction:  $F_{(2,16)} = 0.786$ , p = 0.472; reinstatement test day:  $F_{(2,16)} = 0.800$ , p = 0.466). The amount of time spent in the active zone (the area corresponding to the active lever), in the inactive zone (corresponding to the inactive lever), and in the back zone (corresponding to the remainder of the chamber) is shown in Fig. 2b. ANOVA revealed

a significant effect on the reinstatement test day for the active  $(F_{(2,16)} = 12.039, p<0.001)$  but not inactive  $(F_{(2,16)} = 0.258, p = 0.775)$  or back zones  $(F_{(2,16)} = 1.270, p = 0.308)$ . Post-hoc analysis revealed that rats conditioned with music spent an increased amount of time in the active zone on the reinstatement day compared to NMCond (p<0.01) and NMTest (p<0.001) groups. The one-way ANOVA did not reveal any significant effects of Condition for the final day of self-administration (active:  $F_{(2,16)} = 0.218, p = 0.807$ ; inactive:  $F_{(2,16)} = 0.049, p = 0.952$ ; back:  $F_{(2,16)} = 0.133, p = 0.876$ ) or final day of extinction (Active:  $F_{(2,16)} = 0.916, p = 0.420$ ; Inactive:  $F_{(2,16)} = 0.166, p = 0.849$ ; Back:  $F_{(2,16)} = 0.120, p = 0.888$ ).

#### 3.2. Experiment 2 – music-induced dopamine release in the BLA

Table 2 shows the average concentration of basal dopamine, DOPAC and HVA levels. There were no significant differences in the basal levels of dopamine ( $F_{(5,20)} = 0.6371$ , p = 0.674) or its metabolites (DOPAC:  $F_{(5,20)} = 2.123$ , p = 0.105; DOPAC:  $F_{(5,20)} = 1.637$ , p = 0.196). Therefore, data in Fig. 3a depicts the dopaminergic responses during the microdialysis trials as a percent of baseline. As can be seen from the graph, there was a significant efflux of dopamine ( $F_{(14,56)} = 5.204$ , p<0.001) following onset of the music cue (120 min) compared to baseline (140 min: p < 0.01; 160 min: p < 0.01). No significant changes were observed in the levels of DOPAC ( $F_{(14,56)} = 1.734$ , p=0.105) or HVA ( $F_{(14,56)} =$ 1.259, p = 0.262). The behavioral comparison between microdialysis animals and the other groups that received the same musical conditioning during training, self-administration and extinction sessions showed no differences in active or inactive lever presses between the groups  $(F_{(6,878)} = 0.810, p = 0.563)$  and no group × trial interaction  $(F_{(38,878)} = 0.563)$ 0.615, p = 0.999). Mean ( $\pm$ SEM) active lever presses during the reinstatement test session were 14.6  $(\pm 1.86)$  and inactive lever presses during the reinstatement test session were 2.40 ( $\pm$ 1.03).

# 3.3. Experiment 3 – 18-MC effect on cue-induced reinstatement

Fig. 4 depicts the average responses made for cocaine reinforcement during self-administration trials, extinction sessions, and the reinstatement test day. The factorial ANOVA revealed a significant effect of Treatment ( $F_{(2,251)} = 3.606$ , p<0.05) and Trial ( $F_{(40,502)} = 25.172$ , p < 0.001) and a significant Treatment × Trial interaction ( $F_{(40,502)} =$ 1.726, p < 0.01). As can be seen from the graph, post-hoc testing showed there were no significant differences between 18-MC and saline treated groups during self-administration or extinction sessions. However, animals treated with 18-MC made significantly fewer active lever responses on the reinstatement test day (p < 0.001). Fig. 5a depicts the locomotor activity of the Treatment groups, with no significant differences between groups on the final day of selfadministration ( $F_{(1,12)} = 0.235$ , p = 0.637), the final day of extinction  $(F_{(1,12)} = 0.141, p = 0.714)$  or the reinstatement test day  $(F_{(1,12)} = 0.141, p = 0.714)$ 2.454, p = 0.143). Fig. 5b shows the average amount of time spent in the active zone during the final day of self-administration, the final day of extinction, and the reinstatement test session. ANOVA revealed no significant difference between groups in time spent in the active zone on the final day of self-administration ( $F_{(1,12)} = 0.018$ , p = 0.896) or the final day of extinction ( $F_{(1,12)} = 0.900$ , p = 0.362). There was, however, a significant decrease in the amount of time spent in the active zone for rats treated with 18-MC prior to the reinstatement test session ( $F_{(1\ 12)} = 8.523$ , p<0.01). There was no effect of Treatment on time spent in the inactive or back zones of the operant chambers on the final day of self-administration (inactive:  $F_{(1 \ 12)} =$ 0.021, p = 0.888; back:  $F_{(1 12)} = 0.001$ , p = 0.981), the final day of extinction (inactive:  $F_{(1 \ 12)} = 0.007$ , p=0.933; back:  $F_{(1 \ 12)} = 0.282$ , p = 0.605) or the reinstatement test session (inactive:  $F_{(1 \ 12)} = 0.511$ , p = 0.488; back:  $F_{(1 12)} = 3.606$ , p = 0.082).

# 4. Discussion

While the influence of conditioned cues has been extensively investigated with regard to goal directed behavior, the impact of complex environmental cues has not been comparably explored. Using the animal reinstatement model of relapse, we show for the first time that musical drug-paired CS have the ability to profoundly influence drug-seeking behavior following repeated pairings during cocaine self-administration. To mimic the intricate psychological processes that occur during human drug experiences, we utilized a complex contextual cue to assess associative learning processes that occur during craving. Complementing previous work (Polston and Glick, 2011; Polston et al., 2011), the present findings further support the notion that rats have the capacity to distinguish complex musical passages, and suggest that rats could be used in other preclinical models involving musical interventions.

The results of Experiment 1 demonstrate that animals conditioned with a musical cue (Music) show increased drug-seeking behaviors when compared to the NMCond and NMTest control groups. Musicconditioned rats made significantly more active lever responses during the reinstatement test session, indicative of increased drug craving in the presence of the musical cue (Fig 1). These results are consistent with other cue-induced reinstatement paradigms, in which drugpaired CS have been consistently found to increase drug-seeking behavior (Crombag and Shaham, 2002; Fuchs et al., 2008; Gabriele and See, 2010). It could be argued that the increased lever responding we observed was due to chronic cocaine alone. However, both the NMCond and NMTest groups received the same cocaine reinforcement during the acquisition and maintenance phases of the experiment, and neither was significantly different from the Music group during daily selfadministration sessions. It could also be argued that the increased responding we observed was in part due to spontaneous recovery, particularly since our rats were exposed to 24 days of home cage abstinence between the final day of extinction and the reinstatement test day. Previous work has shown that rats are prone to spontaneous recovery, which is resumption of the extinguished conditioned response that occurs after time has passed following extinction (Shaham et al., 1997). The latter study showed rats would spontaneously recover operant responding for nicotine after 21 days of abstinence. However, our NMCond and NMTest control animals were exposed to the same 24 days of home cage abstinence as our music test group, and neither control group exhibited spontaneous recovery when comparing the final day of extinction to the reinstatement test day. Therefore, differences observed between the music-conditioned animals and the control animals during the reinstatement session were most likely an effect of condition, as the music acquired increased salience during acquisition and daily cocaine sessions.

When compared to the subjects that had received the musical cue during training and daily self-administration sessions, the subjects that did not receive music conditioning (NMCond) showed significantly increased active lever responding on the first day of extinction. This result is consistent with other studies showing that rats experiencing cues during self-administration extinguish more readily when those cues are removed and more readily than rats that have not had the opportunity to develop CS-drug associations (Arroyo et al., 1998; Panlilio et al., 2000). Indeed, drug-related cues produce an enduring resistance to extinction due to the associative learning that takes place during conditioned reinforcement (Weiss et al., 2001). Thus the observed differences in extinction were likely attributable to the absence of music for subjects accustomed to it during previous reinforcement sessions. It could be argued that we should have employed a CS – paired with a different musical selection in order to test the specificity of our music-induced reinstatement. However, in previous investigations we have paired both the Miles Davis song used here, and Beethoven's "Fur Elise" with saline, and have never seen a behavioral or neurochemical effect (Polston and Glick, 2011; Polston et al., 2011). It is also possible that our results could have been influenced by the fact that we used female rats for this investigation. While there is ample literature demonstrating differential sensitivity and drug effects between male and female rats, there is also literature showing that there is little effect of estrous, particularly when looking at fixed-ratio schedules of reinforcement with cocaine (Anker and Carroll, 2011; Lynch, 2008). Although previous studies show that female rats could be more sensitive to reinstatement procedures, it is highly unlikely that this played a role in our findings. Our control groups were all comprised of female rats, and they did not display increased sensitivity, as there were no statistically significant differences for either of the control groups between the last day of extinction and the reinstatement test day. Therefore, the most parsimonious explanation of our differential extinction and reinstatement results is that the music-conditioned animals were profoundly impacted by the contextual conditioning they received, indicative of conditioned learning, and the differences observed on the first extinction day and the reinstatement test day were a function of this conditioned response.

One finding that was somewhat surprising is that we failed to find a locomotor effect in music-conditioned animals during reinstatement test sessions (Fig 2a). Other investigations using similar reinstatement procedures have found cue-induced locomotor activation during final testing (Feduccia and Duvauchelle, 2008). Moreover, it is guite common to find locomotor activation to cues that were previously associated with drug reward (Bevins et al., 2001; Rodríguez-Borrero et al., 2006). However, other studies have found no differences in locomotor activation to CS after drug-paired conditioning, and reviews show that contextual cues in particular yield mixed locomotor results (Martin-Iverson and Reimer, 1996; Tzschentke, 1998). Interestingly, closer examination of our groups' behaviors revealed that, although they did not show differences in locomotor activity, animals conditioned with the musical cue spent significantly more time in the spatial area surrounding the active lever during the reinstatement test session (Fig. 2b). This indicates that animals developed an effect analogous to a conditioned place preference (CPP) within the apparatus in the presence of the cue previously associated with cocaine reinforcement. In a typical CPP paradigm, a primary reinforcer is paired with contextual stimuli, which acquire secondary reinforcing properties. These secondary reinforcing properties, established due to classical conditioning, are capable of inducing an operant approach response or place preference. Indeed, CPP results consistently show that drug-paired environmental stimuli are capable of producing drug-seeking behavior during abstinence, indicative of drug craving (McCallum and Glick, 2009; Tzschentke, 2007). The fact that our animals essentially "camped out" by the previously active drug-paired lever is indicative of goal-directed behavior, and it certainly helps explain the lack of locomotor activation. An analogy to human behavior would be that an addict, after experiencing a drug-paired contextual CS, decided to "hang out" by the door of his drug distributor, rather than running aimlessly all over town.

During reinstatement sessions in Experiment 2, using in vivo microdialysis, we examined the dopaminergic response to the cue previously associated with cocaine self-administration. We found that the presence of the musical cue elicited a substantial increase in extracellular dopamine within the BLA (Fig. 3a). Immediately following presentation of the musical cue, extracellular dopamine increases of approximately 100% were observed for the 40 min following cue initiation. This finding is consistent with previous work in our laboratory showing that, following repeated classical conditioning sessions with methamphetamine, music alone can increase extracellular DA in the BLA (Polston et al., 2011). Moreover, the present microdialysis results are further corroborated by studies that have shown cue-induced increases in BLA DA in other conditioning paradigms (Suzuki et al., 2002; Yokoyama et al., 2005). These results are also consistent with the literature showing that inactivation of the BLA through lesion or drug blockade results in attenuation of cue-induced drug seeking behaviors (Feltenstein and See, 2007; Fuchs and See, 2002). Behaviorally, the animals undergoing microdialysis showed no significant differences when compared to other animals that received the same musical conditioning during training, daily self-administration sessions, and extinction. Although these rats did not make as many active lever presses during the reinstatement session, this is readily explained by the differences in protocol required for microdialysis sample collection as well as possibly by the custom harness designed for these experiments. While these harnesses were designed with intent to minimize any possible discomfort, the additional tubing and probes required for microdialysis procedures did slightly inhibit overall behavioral responding. Regardless, the animals made sufficient responses to exhibit reinstatement-like behavior, and this provided an important neurochemical measure regarding the impact of the musical cue. It might be argued that our microdialysis results are incomplete, or should be discounted due to the lack of a specific control group to rule out the nonspecific effect of music on DA release. While we agree that a control group that did not receive the music during cocaine conditioning would have been ideal, we have already ruled out the nonspecific effect of music on DA release in a similar previously published investigation (Polston et al., 2011). In this previous study we tested the same Miles Davis selection used in this experiment, and did not observe nonspecific effects of this musical selection in the brain area tested here (BLA), or in other addiction related brain areas, such as the NAc or the prefrontal cortex. Therefore, in light of the inherent difficulty of this experimental paradigm, and the fact that we have never seen nonspecific effects of music in the BLA in our laboratory, we thought a NMCond control group was unwarranted, and that the inherent within-subject baseline control that is utilized in microdialysis procedures would be sufficient.

While we were able to validate the effectiveness of the musical conditioned cue in Experiment 1, perhaps the most significant and important finding of this investigation is that 18-MC was able to block the cue-induced reinstatement produced by the musical CS. As can be seen in Fig. 4, 18-MC significantly attenuated responses on the previously active drug-paired lever during the reinstatement test session. While 18-MC has been shown to attenuate self-administration for multiple drugs of abuse, it has not been studied as extensively in animal models of craving (Glick et al., 1996, 2000a; Maisonneuve and Glick, 1999; Rezvani et al., 1997). One model of craving that 18-MC has been applied to is CPP, and it was shown that 18-MC was able to block the acquisition of a cocaine CPP (McCallum and Glick, 2009). Therefore, the fact that 18-MC was able to block cue-induced reinstatement in the form of active lever pressing was a notable finding, considering the potential it has shown for treating active drug abuse. Also of interest was the finding that 18-MC produced no changes in locomotor activity when administered prior to the reinstatement test session (Fig 5a). These results are consistent with other findings in our laboratory showing that 18-MC produces no locomotor effects alone when compared to saline treated rats (Glick et al., 2000b). However, 18-MC was able to attenuate the music-induced CPP effect that we had previously seen in Experiment 1. As can be seen from Fig 5b, administration of 18-MC (40 mg/kg) prior to the reinstatement test session significantly decreased the time spent in the active zone (i.e., corresponding to the previously drug-paired lever). Thus 18-MC was able to block musical-cue induced drug seeking behaviors, both by decreasing active lever pressing and by abolishing a CPP-like effect. These effects could not be attributed to locomotor differences since 18-MC had no effect on locomotor activity. Rather, the results suggest that 18-MC's ability to attenuate drug seeking behaviors in this paradigm is due to a specific behavioral effect where subjects showed decreased interest in reinstated lever responding and decreased interest in the spatial area associated with previous drug experiences.

Although we cannot be certain as to why 18-MC was so effective at attenuating drug-craving behaviors, we can hypothesize on some of the potential mechanisms involved in this phenomenon. 18-MC appears to act in three circuits: the medial habenula-interpeduncular nucleus, basolateral amygdala-nucleus accumbens, and the dorsolateral

tegmentum-ventral tegmental area. All three of these circuits appear to potentially modulate the mesolimbic dopaminergic pathway, which is the primary circuitry consistently implicated in drug addiction (Maisonneuve and Glick, 2003). However, the relative importance of these various pathways for the actions of 18-MC appear to vary with the particular reward (e.g., methamphetamine vs. sucrose; cf. Glick et al., 2008). Interestingly, the BLA, which has been shown to be critical for cue-induced reinstatement, is apparently much less important for opioid reward than for stimulant reward (Alderson et al., 2000; Olmstead and Franklin, 1997). Perhaps this helps explain why we have consistently found extracellular dopamine increases in the BLA in response to music-induced cues paired with stimulants in both a previous noncontingent drug-CS (methamphetamine) investigation (Polston et al., 2011) and in the current investigation where drug (cocaine) was contingently administered in a reinstatement paradigm. The common factor in both of these paradigms was that the musical cue was paired with a stimulant (methamphetamine or cocaine); it would be interesting to determine if these musical cues would be as effective both behaviorally and neurochemically (i.e., within the BLA) with an opioid.

Alpha3beta4 nicotinic receptors are preferentially localized in the medial habenula and interpeduncular nucleus, with lower densities in the basolateral amygdala (Perry et al., 2002; Zhu et al., 2005). Our working hypothesis is that 18-MC decreases drug self-administration by indirectly modulating the dopaminergic mesolimbic pathway via blockade of  $\alpha$ 3 $\beta$ 4 nicotinic receptors in the habenulo-interpeduncular pathway and the basolateral amygdala. Perhaps a similar mechanism helps explain why 18-MC was so effective at blocking drug craving in our current model, as disruption of the BLA circuitry appears to be necessary to prevent cue-induced reinstatement (McLaughlin and Floresco, 2007). 18-MC has been proposed as a treatment for addiction to multiple drugs, as well as showing promise as a treatment for obesity (Maisonneuve and Glick, 2003; Taraschenko et al., 2008). Antagonism of  $\alpha$ 3 $\beta$ 4 nicotinic receptors represents a relatively novel approach to treating multiple addictive disorders, dampening the impact of the mesolimbic pathway through indirect modulation via the habenulointerpeduncular pathway. Pleasurable music induces neurological reactions in humans that are comparable to the effects induced by drugs of abuse. For example, highly enjoyable music has been shown to activate brain regions such as the nucleus accumbens, ventral tegmental area, amygdala, and prefrontal cortex. Enhanced functional connectivity between brain regions that mediate reward may help explain why listening to music is regarded as a highly pleasurable human experience (Blood and Zatorre, 2001; Menon and Levitin, 2005). It has also been demonstrated that music increases dopaminergic neurotransmission in the brain (Sutoo and Akiyama, 2004). The fact that human beings find music rewarding may help explain why music therapy has shown such promising results across a vast spectrum of disorders. However, our goal was not to see if rats had an appreciation for Miles Davis, but rather to determine whether a complex musical passage could effectively be used as a contextual CS in an animal reinstatement paradigm. Studies demonstrating that music can serve as an effective contextual CS in rats are an important first step in creating preclinical models that involve music.

While the influence of simple CS on goal-directed behavior has been explored thoroughly, more complex contextual CS have not been adequately investigated. Utilization of a complex contextual musical cue allowed for examination of associative learning that may be comparable to the psychological processes that occur during subjective human drug experiences. The present study is the first to give instrumental control of cocaine to a lower order species in the presence of a complex musical cue. The results clearly showed that music will indeed serve as an effective contextual CS in rats. Most importantly, our findings demonstrated that 18-MC has the ability to block musical cue-induced reinstatement, consistent with its potential use to treat drug seeking and taking in humans.

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